

## Rules of Conduct

The following are meant to reflect our core values and serve as guidelines during a mission trip. As a Bayside Medical Missions team member, you are expected to:

1. Provide a positive attitude, project a willing heart to serve, and maintain positive, respectful relationships with team members. Demonstrate your faith through loving action and reinforce all such behavior in others.
2. Please remember that we are guests working at the invitation of our hosts. Refrain from criticizing, complaining, or making any comments related to personal preferences, food, accommodations, etc. Always demonstrate respect for the region's culture, religious preferences, and political views. Act with sensitivity, tolerance, respect, and impartiality toward others.
3. Demonstrate a flexible attitude and a willingness to work as a team, placing your own personal wants aside to be a valuable team member and a servant to those in need in our host country. Offer to help others and be willing to ask for help whenever needed. Also, the La Vida staff is there to help support you and others whenever possible; simply ask for help.
4. As a team, we stay together, including leaving in the mornings at the same time and working and supporting one another. You should never leave the group or **wander** off alone at any time while on the mission trip.
5. Be flexible, our best plans can sometimes change. Be willing to work through unexpected changes in plans.
6. We travel with both medical and sometimes non-medical volunteers, all of whom fulfill an important and vital role to the overall team and the mission experience. Treat each other as equals.
7. Provide care and use reason in caring for all medical supplies and equipment.
8. Follow all the rules for dress, sterilization, cleanliness, patient reporting while at the Clinic.
9. If you have any questions or concerns, please discuss them directly with your Team Leader as soon as possible. He or she will then determine the best way in which to address the issue. Please refrain from discussing with others while the issue is being resolved. We are there to support the team and facilitate a positive experience.
10. Abstain from the use of, drugs, excessive alcohol intake, and from using inappropriate, derogatory, or foul language.
11. Take time to appreciate the blessings of being on such an extraordinary trip with exemplary professionals with a heart for mission work. This is such a rare opportunity that is truly transformative in countless, deeply meaningful ways. Seeds are planted, hope grows, and love endures. You will not return the same as when you first started the journey.
12. Once you return from the trip, share your experience with others.

By signing, I agree to abide by all these rules of conduct during my time in Ecuador serving with Bayside Medical Missions and La Vida Clinic and Surgical Center.

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Signature

Date